## Elizabeth Lee Black Breakfast Menu

May 2025

nay 2020				core
-			<u>1.</u>	2. THE NUTRITION
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
	Cereal Blast Waffle	Assorted Yogurt w/ Crackers	Egg and Cheese on a Muffin	Assorted Cereal w/ Crackers
	Fresh Orange	Fresh Apple	Banana	Applesauce Cup
	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
	Milk	Milk	Milk	Milk
<u>).</u>	<u>6.</u>	<u>7.</u>	<u>8.</u>	<u>9.</u>
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Tring Cheese w/ Crackers	Mini Chocolate Chip French Toast	Assorted Yogurt w/ Crackers	Egg and Cheese on a Bagel	Assorted Cereal w/ Crackers
Fresh Apple	Fresh Orange	Fresh Apple Slices	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>12.</u>	<u>13.</u>	<u>14.</u>	15. <u>Breakfast</u>	<u>16.</u>
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	Breakfast Chicken Patty on a	<u>Breakfast</u>
Muffin	Cereal Blast Waffle	Assorted Yogurt w/ Crackers	Biscuit	Assorted Cereal w/ Crackers
Fresh Apple	Fresh Orange	Fresh Apple Slices	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>19.</u>	<u>20.</u>	<u>21.</u>	<u>22.</u>	<u>23.</u>
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Muffin Flat	Mini Chocolate Chip French Toast	Assorted Yogurt w/ Crackers	Egg and Cheese on a Biscuit	Assorted Cereal w/ Crackers
Fresh Apple	Fresh Orange	Fresh Apple Slices	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>26.</u>	<u>27.</u>	<u>28</u> .	<u>29.</u>	<u>30.</u>
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
NO SCHOOL	Cereal Blast Waffle	Assorted Yogurt w/ Crackers	Egg and Cheese on a Muffin	Assorted Cereal w/ Crackers
	Fresh Orange	Fresh Apple Slices	Banana	Applesauce Cup
		I		
	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice

In order to qualify for a reimbursable Breakfast this meal must include the following components: Meat/Meat Alternate, Fruit, Grains, Milk.

Breakfast Milk Choices Daily:

Fat Free Chocolate or 1% White

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director's Office of Civil Rights, Room 325-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (202)720-5964 (voice and TDD).